

Do you or your whānau need support in the community?

Visit our Community Support Worker - it's free

Our Community Support Worker can provide...

A community based walk alongside support that can help you with:

- Physical health or healthy lifestyle
- Emotional health & wellbeing
- Housing
- Social engagement
- Paid work
- WINZ
- Money matters
- Family/whānau issues
- Managing drug use, drinking or gambling
- Managing medications and medication planning
- Loneliness

Our Community Support Workers are here to work with you, your whānau and community

Our Community Support Worker (CSW) is part of the practice team and based within your community

For appointments

Your doctor or practice nurse can introduce you to the CSW or you can ask for an appointment at reception.



ACCESS & CHOICE
Wellbeing Support

Supporting the health and wellbeing of our communities

*Ko koe ki tēna, ko ahau ki tēnei kīwai o te kete:
You at that, and I at this handle of the basket. By working together, we move forward*